Let's Play Outside: Run, Jump, Dance and Sing

French · beginner · kids play · children · 6 min

Lyricate
LEARN IT IN MUSIC

01 VOCABULARY

Beginner French learning song about kids play. The voice drills each chunk with its meaning so the words attach to the sound - listen, then answer in the gaps.

	CHUNK	MEANING	IN CONTEXT
1	**J'aime courir et sauter dehors.**	I like to run and jump outside.	playground energy
2	**On chante et on danse ensemble.**	We sing and dance together.	sing along with friends
3	**Je sais nager à la piscine.**	I know how to swim at the pool.	splash day
4	**Je veux dessiner un chat.**	I want to draw a cat.	art time
5	**Je vais courir dans le jardin.**	I am going to run in the garden.	garden race

NEW WORDS (9)

courir
to run

sauter
to jump

danser
to dance

chanter
to sing

dessiner
to draw

nager
to swim

piscine
swimming pool

on
we

sais
I know how to

Practice tip · First listen without reading and just tap the pulse; on the second pass, say each chunk out loud in the pause after the echo.

[SOUND DRILL]

courir

sauter

danser

chanter

nager

[REVIEW]

Bonjour, comment tu t'appelles ?

Hello, what is your name?

Je m'appelle Léo, et toi ?

My name is Léo, and you?

Voici ma maison et mon jardin.

Here is my house and my garden.

Ma chambre est en haut.

My bedroom is upstairs.

Je mets mon manteau, il fait froid.

I put on my coat, it is cold.

Le chien court dans le jardin.

The dog runs in the garden.

[CHORUS]

J'aime courir et sauter dehors.

J'aime courir et sauter dehors.

I like to run and jump outside.

On chante et on danse ensemble.

On chante et on danse ensemble.

We sing and dance together.

Dehors, dehors !

Dehors, dehors !

Outside, outside!

[VERSE 1]

Je vais courir dans le jardin.

I am going to run in the garden.

courir

to run

sauter

to jump

Je vais sauter, je vais sauter !

I am going to jump, I am going to jump!

danser

to dance

chanter

to sing

Je vais danser et chanter !

I am going to dance and sing!

on

we

Dehors, on joue avec le ballon.

Outside, we play with the ball.

Dehors, on court et on saute !

Outside, we run and we jump!

[CHORUS]

J'aime courir et sauter dehors.

J'aime courir et sauter dehors.

I like to run and jump outside.

On chante et on danse ensemble.

On chante et on danse ensemble.

We sing and dance together.

Dehors, dehors !

Dehors, dehors !

Outside, outside!

[VERSE 2]

Je sais nager à la piscine.

I know how to swim at the pool.

sais

I know how to

nager

to swim

piscine

swimming pool

Je sais nager, je sais nager !

I know how to swim, I know how to swim!

Je nage dans l'eau.

I swim in the water.

Je nage très bien !

I swim very well!

Le poisson nage dans l'eau.

The fish swims in the water.

Je nage à la piscine avec ma maman.

I swim at the pool with my mom.

[CHORUS]

J'aime courir et sauter dehors.

J'aime courir et sauter dehors.

I like to run and jump outside.

On chante et on danse ensemble.

On chante et on danse ensemble.

We sing and dance together.

Dehors, dehors !

Dehors, dehors !

Outside, outside!

[VERSE 3]

Je veux dessiner un chat.

I want to draw a cat.

dessiner

to draw

Je veux dessiner un chien bleu.

I want to draw a blue dog.

Je dessine un oiseau rouge.

I draw a red bird.

Je dessine le soleil jaune.

I draw the yellow sun.

Ma maman dessine aussi !

My mom draws too!

Regarde mon dessin !

Look at my drawing!

[VERSE 4]

Je joue avec ma poupée et je danse.

I play with my doll and I dance.

Je joue au ballon dehors.

I play ball outside.

Je chante, je danse, je joue !

I sing, I dance, I play!

Je chante avec mes amis.

I sing with my friends.

On joue ensemble !

We play together!

[CHORUS]

J'aime courir et sauter dehors.

J'aime courir et sauter dehors.

I like to run and jump outside.

On chante et on danse ensemble.

On chante et on danse ensemble.

We sing and dance together.

Dehors, dehors !

Dehors, dehors !

Outside, outside!

[RECAP]

J'aime courir et sauter dehors.

On chante et on danse ensemble.

Je sais nager à la piscine.

Dehors, dehors !

Grey lines are a reading aid for the script; the singer performs the language itself.

HOW TO USE THIS SONG

1. Listen to the whole song once without reading — just follow the pulse.
2. Listen again while reading the lyrics; let the echo lines carry the meaning.
3. On the third pass, say each chunk out loud in the pause after it is sung.
4. Use one phrase from this sheet today, in a real conversation or out loud.

DRILL MAP

SAY THIS	IT MEANS	WHEN / HOOK
J'aime courir et sauter dehors.	I like to run and jump outside.	playground energy
On chante et on danse ensemble.	We sing and dance together.	sing along with friends
Je sais nager à la piscine.	I know how to swim at the pool.	splash day
Je veux dessiner un chat.	I want to draw a cat.	art time
Je vais courir dans le jardin.	I am going to run in the garden.	garden race